
Being First Is Always Your Challenge

The Wilhelm Messages — February 21, 2008 through 2026

Received and preserved by

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Since 1989, Roger Burnley has received daily messages through automatic writing from a consciousness collective known as Wilhelm. The messages gathered here span eighteen consecutive years on a single date — February 21st — and form a complete arc of consciousness evolution: from the first recognition of self-sabotage in 2008, through the demonstration of healing in 2021, to the direct challenge of 2026.

Read them in order. Then read them again. Wilhelm instructed exactly that in 2025. The question waiting for you at the end is not rhetorical.

February 21, 2008

When you begin to notice the actions you take and the decisions you make based on what you "think" will please others, it will not be difficult to understand the results you obtain in your own life. These may be the most mundane of everyday decisions and actions, which all have a cumulative result for you. This is due to your misunderstanding of what it truly means to be selfish. Being selfish means that you put yourself first, allow yourself to manifest what you desire, and the resultant effect of that is that you have more than enough in every regard for all others. Your belief in guilt was taught to you; however, you have the ability "now" to undo that and reap the rewards in your life, which will, in turn, bless and prosper all others in your experience.

February 21, 2009

You knew before you emerged on the physical plane that you would live your life in a manner where you would ask for what you desired, become willing to receive it, and then leave the work of doing so up to the Universe.

There is never a need for you to struggle or fight for anything, and this only occurs when you fail to recognize that all is readily available when you release your judgment of how it shows up. The judgments that you hold are only based in the past, and you always desired to gain more.

This is truly the purpose you set out for yourself, and you knew it would lead you to your individual evolvment and expansion, as well as all others; for you are all one, and part of Source, or all that is.

Your emotions will always point out to you whether or not you are open to receiving, or are resisting it all with your judgment. You have choice.

February 21, 2010

Your honesty is one of the greatest gifts you can give to yourself and others. It is not possible for that very honesty to cause any sort of "damage", as you may think of it, for the end result is always greater awareness and wisdom, no matter what form that may take.

At times, the manifestation of it may be painful; however, that very experience of pain provides you with the ability to make a new choice, which is an ability you always possess.

When you only measure things in terms of your physical world, it may be difficult for you to see this, so seek the experience in your spiritual world.

February 21, 2011

The more you are able to appreciate your now, the more you will manifest what you desire in your future. This is simply stating a law of the Universe, if you will, in which you agreed to participate. Your agreement was to come into physical form so that you might use this law for your benefit and that of all that is.

It stands to reason, then, that if you do indeed create your reality, and you do so with emotionally held feeling thoughts, then those filled with appreciation will create more of the same. That sameness is all that you pleasure in and desire.

You are never limited in this regard except by your held thoughts of limitation. Even when you simply think of the word appreciation, you find those very feeling thoughts.

February 21, 2012

Your entire physical life experience is a search for a feeling of completeness. In actuality, you are always complete, but this is information you forget when you come into physical form, for the process of the search itself is what causes your expansion, as you intended.

You will never feel this completeness from anything physical, for those are mere objects that you use in order that you might have the feeling of completeness. The irony is that it is only you who can ultimately provide that feeling through your own recognition of your value and worth. That very recognition is the expansion, and that is precisely how you evolve.

February 21, 2013

An idea that you have carried for a great deal of your physical life experience is that of being careful. You remember being told when you were younger, it was a way that others noticed you operated. You equated that to not wanting to hurt yourself physically, but the concept itself took on a life of its own and began enveloping other areas of your life.

You inadvertently started being careful about not disturbing the you that you had come to know, and that also prevented you from exploring your own expansion, for it entered an unknown realm for you. This manner of being caused you to shut down, so to speak, many other areas of your life. Now, a little reckless abandon would be welcome.

February 21, 2014

You have practiced resistance for a good deal of your physical life experience. The more you study that statement, the more clarity you will find.

Resistance can be thought of as anything that you do, in word, deed, thought, and action, that halts or slows down, so to speak, your evolution, and becoming a whole and actualized being.

Resistance is not "natural", so therefore, it is learned and used by you with practice. Resistance is not the same as caution. You use caution when you have an awareness that whatever you do might cause harm to you or others. Resistance, on the other hand, is what you use as an excuse and reason, if you will, for not becoming who you desire.

You always know the difference between caution and resistance when you are honest with yourself.

February 21, 2015

You move along the road to self-mastery, the more you are able to discern need from desire. All need is an illusion, and when you feel that you need anything, you are yet to reach a place of mastery in that particular area of your life.

The first example that comes to mind for you is praise, acknowledgment, and appreciation. When you are in a state of needing those things, it simply means you have yet to fully own some aspect of who you are and what you have to offer. As you reach more of a state of self-mastery, you do know that you desire all those things and they feel good when you receive them, but you also know they are not needed for you to be a fully actualized being.

As you seek to fully understand this concept, it will enhance your compassion not only for yourself but all others.

February 21, 2016

It is possible for you to take that one project and complete it successfully today. When you hold that thought, it provides you with a laser-like focus that engenders a type of energy that allows you to do anything.

This is also meant to make you aware of the other type of thoughts you typically hold, such as this will be difficult, hard, or impossible to do. Those thoughts have become somewhat habitual for you, so you do not even notice you are holding them. Those thoughts immediately curtail and limit your energy, and many times, you will not even begin whatever it is.

You can even feel the difference in the quality of the energy you hold when you think about those two very different modes of thought. Choose differently today and attempt to eradicate the word impossible from your vocabulary.

February 21, 2017

Effort-less and gain more is a very clever admonition that you coined several days ago, but have recently discovered its significance for you. The idea behind this phrase can be applied to your entire life. It will help you to understand this when you use an analogy that can place it in more practical terms.

You have a big job in front of you that you know will require work and action on your part, and may take a great deal of time for you to successfully complete to your satisfaction. If you were to begin that job with the mental attitude and approach of hard work, it will indeed become that, and you will experience your own exhaustion very quickly. If you were to instead approach it with an attitude of fun, excited anticipation, and knowing you will succeed, you will do that as well.

Now you understand how to live your life.

February 21, 2018

You are forcing yourself to become more. While force is a powerful word, it was used to describe the feelings you experience at times when it seems to you that some outside force is causing you to do something or act in a particular manner. You are doing that!

In actuality, it is what you can think of as the higher part of you that knows everything you want and desire, but at times, you are just too frightened to go there, so a gentle push was required, again, by you. Bravo!

February 21, 2019

Acknowledge your worth today, and all day. We wanted you and others to have that entire sentence and then take it as an instruction to use. The reason we say all day is because you need to form a belief in yourself that is moving in a different direction than what you have been doing.

You develop worth through experience. Every experience provides you with wisdom that turns into accumulated wisdom. Accumulated wisdom is the most valuable commodity in your world. Now, examine your life and determine if you have any of that, and you all will discover you do! Again, do

this all day today.

February 21, 2020

The money confused you. This message is intended mainly for Roger, but because you are all connected, some of you will follow along and gain valuable awareness. This morning, we told Roger to go to our words, dutifully preserved on his website, and search for the word rich. As we have said, there are no accidents, and when you read all the messages attached in the thread, the intention will be unmistakable.

Yesterday, Roger earned no money from the clients he saw, and yet he had the richest day of his life. We want him to recount each one. The first client was an 18-year-old boy with an awareness far beyond his years, which Roger noted, and in that instant, this young man felt validated. The second was a client in Romania who marveled at how Roger created a vocal technique she felt saved her life and that of her clients. Roger also didn't understand how he uncovered the seeming miracle. The next was a young man you had given up on his dreams years ago, and found his potential reignited through Roger's work. Then a young lady became frustrated with her progress and doubted she was heading in the "right" direction in her life. She changed her mind by the end of the session.

The last one was the best. A young woman called the other day seeking help and confirmation of who she was, as she thought maybe it was because she was adopted. What Roger saw yesterday was a raw talent that only needed confirmation.

The point of this message is many of you measure your worth and value by the amount of money you have. Now you know why you were confused.

February 21, 2021

You could choose to heal the world. We struggled with Roger for quite a while to get him to write those words because he, like you, does not believe that statement is possible. But then we told him that is because you do not understand where your world exists, and that is within you.

You are here now to facilitate healing within yourself, which means total acceptance of who you are. You have never done this and do not want to. For if you did, your evolution and that of your world would end. These words will make sense to you, but right now, we want you to accept the possibility that maybe you have been here before. And just maybe you are attempting this time to accomplish more, which is your individual healing which affects all the world, for you are all one. That last

sentence is the one you all are putting more into place during this restructuring.

We will give you one story Roger attempted to avoid, which may awaken you to your avoidance in this life. Roger has often exhibited what we call false humility, meaning he does not want to speak on certain accomplishments for fear of boasting. That behavior has been his way of not achieving the healing he desired in this lifetime.

Yesterday Roger had a client sent to him by another client for that client sensed Roger could help this individual with his stuttering. When the session began, this new client could barely speak any words with clarity. Roger had an understanding of this condition, some of which he had a conscious awareness due to his grandmother, who stuttered. But there was another part of him that knew what to do intuitively. You each have this ability.

Within one half-hour, this individual, now twenty-four years old who said they stuttered since childhood, read a full paragraph without stuttering. Roger asked him if he had noticed what occurred, and the client said, "I read an entire paragraph without stuttering." Roger knew even though practice would still be needed; healing had occurred.

What you are up to in this restructuring is finding the lack of belief you have held about yourself and decide to move beyond it, and you will do your part in healing the world. There will always be more, and you will be fine.

February 21, 2022

You will love yourself more. We are giving you the intention of our live conversation later today, but we also provide you with the awareness you come to once you decide to leave your physical body.

We know many have been fearful due to the events in the world, but you will discover that your fear was necessary and unwarranted. You are here now to be a part of the restructuring of your world, so you might utilize the movement of your world to move energy within you.

You each come to the world with gifts to offer at the appropriate time to aid your evolution and that of the world. Currently, your world is at a seeming standstill, and it feels to many of you that someone is waiting to make a move which is why we had Roger create that message yesterday. We say that is you, and you will come to understand that soon and how vital you are in your world now. You will be fine.

February 21, 2023

You were supposed to change things. That is the condition into which you are born, no matter when that might have been. You came to the world to offer something new that would cause your world to become better, and it is within you. When you do not allow yourself to recognize your worth and value and what you came to offer, you continue the old limited thinking and paradigms that no longer serve you or the world.

All the work we have given you was to aid you in actualizing who you are meant to become because it will make a tremendous difference in your life, and that action affects your world. You each hold the same ability to manifest and create the life and world you want. Still, you also carry old generational limitations, many of which you are unaware of, but others you've held yourself and have known you were doing so.

We provided a message on this date ten years ago that today you each might act upon, and that is to break your old limiting patterns.

Read 2013.

February 21, 2024

You still have time. If you are still in physical form, you have the time to manifest the life and world you want. It is a matter of taking the next step on your evolutionary journey.

The message we provided on this day a year ago will aid you today. Despite what you might be experiencing and witnessing in your world, you hold an incredible opportunity.

February 21, 2025

Now reread from beginning in 2008.

Wilhelm

February 21, 2026

Being first is always a challenge. That is what each of you is meant to do, but you will be met with your disbelief and that of all others. Our messenger had that difficulty until now.

He will aid you all. How did he heal? Why can't you?

The Arc — What 18 Years Reveal

An AI analysis of the complete February 21st message series identified seven distinct phases of consciousness evolution — each building on the last, each deepening the one before it.

■ **Awakening (2008–2010)**

Recognizing self-sabotage, the gift of honesty, the power of choice

■ **Understanding Law (2011–2012)**

Appreciation as a creative force; completeness already present within you

■ **Diagnosing Blocks (2013–2015)**

'Being careful' as a learned shutdown; resistance vs. caution; need vs. desire

■ **Energizing Action (2016–2017)**

Laser focus, effortless approach, mental attitude as the engine of outcome

■ **Embodiment (2018–2021)**

The higher self in action; worth acknowledged; actual healing demonstrated

■ **Demonstration (2022–2024)**

The restructuring named; 'you still have time'; the invitation held open

■ **Culmination (2025–2026)**

Reread from the beginning. Now go be first.

*After seventeen years of detailed instruction, the 2025 message says only: "Reread from the beginning."
The 2026 message — the eighteenth — is four sentences. The teaching stopped. The pointing started.*

The Astrological Alignment

On February 21, 2026, Saturn conjoins Neptune at 0° Aries — a transit that occurs every 36 years. The last occurrence was 1989, the exact year Roger began receiving Wilhelm's messages. Saturn represents structure and tangible reality. Neptune represents dreams, spirituality, and the dissolution of what no longer serves. Aries is the sign of new beginnings — of being first. This conjunction signals the moment when spiritual vision is meant to become grounded, concrete action.

Being first is always a challenge.

But you were made for it.

— *Wilhelm, February 21, 2026*

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Your Last Development Program