

Wilhelm's Messages

December 18th Through the Years

A Journey of Self-Discovery and Expansion

December 18, 2025

You could not have known. None of you know the life path you will take or the purpose of that path you accepted; otherwise, you could not have made the difference on your evolutionary path or contributed to the restructuring of your world.

There also comes a time when you stop denying who you are and what you could achieve.

Today will be a great day for more of you to accomplish that, especially our messenger.

Please follow along.

Reflection Questions:

- 1. What aspects of your true self have you been denying, and what might change if you fully acknowledged them today?*
 - 2. How might not knowing your complete life path actually be serving your growth and contribution to the world?*
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December 18, 2008

Judging yourself becomes a never-ending cycle.

When you judge your thoughts, deeds, words, and actions, you typically use a label of "wrong". You then become a person who does wrong things, and since this is your truth, you will continue to do those things because you create your own reality.

In actuality, all you ever do is make requests for greater awareness. Your intention was always to evolve and expand, and this is only possible through the choices you make.

It would be much more beneficial for you to simply ask the question, "what did I desire to gain here?" whenever you notice your own judgment arise.

You are always seeking to know more of the true nature of your being, which is unlimited, powerful, and capable. All that you do helps you to know this.

Reflection Questions:

- 1. What self-judgment have you been carrying that you could now reframe as a 'request for greater awareness'?*
 - 2. When you ask yourself 'what did I desire to gain here?' about a recent choice you've judged, what wisdom emerges?*
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December 18, 2010

Your anticipation of anything is tricky for you and may cause you to miss living in your moment of now. Many times, you hold a kind of energy where you anticipate particular events or occurrences that are of fear or dread, and thereby create precisely the opposite of what you intended.

This does not necessarily mean that you do not hold particular dreams and desires, but that you intended to have those dreams and desires, and put them in a place of trust and faith, knowing that whatever is to occur is for your highest good. There is nothing more joyful, important, and exhilarating than fully experiencing your moment of now. That process creates what you truly desire.

Reflection Questions:

- 1. What future event are you anticipating with fear or dread, and how might this energy be affecting what you create?*
 - 2. How can you place your dreams and desires in 'trust and faith' while fully experiencing your present moment?*
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December 18, 2011

You are on the right journey for you. Some subjective words are being used here to help you better understand the concept. Right means that your particular life experience is the one you requested; you knew it would lead to your expansion, and to the expansion of all others as well.

You can lose sight of this fact when you attempt to compare your journey to another's. Also, you cannot know the meaning and purpose of another's journey; only your own. All of them are purposeful in their own way, and no one is more important than the other.

Your judgment of where you think you should be now can obscure the information and wisdom you are continually receiving.

Reflection Questions:

- 1. Whose journey have you been comparing yours to, and what wisdom might you be missing by doing so?*
 - 2. What information or guidance might be trying to reach you that your self-judgment is currently blocking?*
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December 18, 2012

It is never too late for you to be, do, have, or create anything you truly desire during your physical life experience. It is important for you to start to become aware of the times when you are holding a belief that it is too late for you to do anything, for in those instances, you have accepted limitation, which is completely the opposite of expansion, which you sought to accomplish on this journey.

It is never too late for you to change your mind about your potential, your abilities, and becoming the person you always intended to be. Any thought of limitation is something that has been made up by your world, and if you accept it, that will be your personal reality.

Reflection Questions:

- 1. What dream or desire have you told yourself it's 'too late' to pursue, and what would shift if you released that belief?*
 - 2. Where in your life have you accepted a limitation that was 'made up by your world' rather than a true boundary?*
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December 18, 2013

Worry is never justified, but it can be useful. In other words, anything that you worry about is of a physical nature, and all things physical are an illusion merely meant to allow you to use them for your expansion. Therefore, anything that you worry about indicates an element or aspect of who you truly are that you have yet to come to know.

You would do well, then, to seek to know the belief you hold about yourself or your world that enables you to worry. Your true nature is an eternal spiritual being, and nothing physical can ever affect that. This is what you are desiring to know, own, and experience. As you do this, you find there is no need for worry; you have moved another level, so to speak, in your expansion, and the result is you experience your goal of peace. It is all a process.

Reflection Questions:

- 1. What is your most persistent worry, and what belief about yourself or the world does it reveal that you haven't yet fully examined?*
- 2. How might your current worries be pointing you toward an aspect of your eternal nature you haven't yet come to know?*

December 18, 2014

The only belief that matters in your physical life experience is your own. This is meant to point out to you how often you seek the belief or validation of others before you are able to hold your own belief in yourself.

Every great master that you have observed or studied ultimately came to know this fact, and it was crucial in order that they might make any noticeable or meaningful contribution to the world or all that is.

When you decide to hold that belief in yourself without needing validation or proof from others or your world at large, you will not only expand but also help so many others do the same. You have seen glimpses of this, so to speak, in your past, and you decide to harness it now and believe in yourself.

Reflection Questions:

- 1. From whom or what external source are you still waiting for validation before you fully believe in yourself?*
- 2. Recall a moment when you believed in yourself without external proof—what became possible from that place?*

December 18, 2015

This one may require a bit of study by you and others before you fully accept it, but when you do and reach an understanding of it, you have ascended to the highest state of your being.

There are times when you feel as if you are being victimized in your life, either by certain things that have happened to you or certain things done to you by others. You have that experience because of the manner in which you think of yourself, or how you may think others will think of you, or what can be called embarrassment. The only reason that you would even experience that is that you have allowed your own thinking to believe you are less than an enlightened, spiritual being.

You may argue you are victimized because things are taken away from you, or denied to you, and there again, all those are physical and have nothing to do with the essence of who you truly are. Ascension and victimhood never coexist.

Reflection Questions:

- 1. Where in your life do you still carry a sense of victimhood, and what would shift if you recognized it cannot coexist with your ascension?*
- 2. What embarrassment or concern about others' perceptions is keeping you from fully knowing yourself as an enlightened being?*

December 18, 2016

Asking for help is not necessarily a sign of weakness or a bad thing; it can actually indicate your strength, courage, and willingness to move forward in your life, as you continue to emerge. Subjective words are being used to ensure you understand the meaning.

Another reason you have failed to ask for help where you desired to so could indicate that you felt you did not deserve that help, or you feared you would not receive it, and then experience disappointment. None of those reasons is valid or assists you in your own expansion.

Not asking for help at times can also indicate arrogance, believing you already have all the information, which places a burden on you to find it on your own.

So much for you to study here.

Reflection Questions:

- 1. What help do you need right now that you haven't asked for, and what fear or belief has been stopping you?*
- 2. How might your reluctance to ask for help actually be limiting your expansion rather than demonstrating strength?*

December 18, 2017

You had a thought earlier that you would do well to not let fall on deaf ears, and those ears are yours. The idea was to take the time to consciously and deliberately redefine yourself. Those words are essential.

It is not that you never held an idea, description, or thought of who you are or desire to be, but that all of those things have changed because of who you are now. You are different now because of the experiences of your life, which have expanded you, even during those times when you don't recognize what is happening.

Your instruction now is to think about who you intend to be; start from where you are, and hold the idea that your highest good is now becoming your reality.

Reflection Questions:

- 1. How would you consciously and deliberately redefine yourself today, given all you have experienced and become?*
- 2. What outdated definition of yourself are you still carrying that no longer reflects who you have expanded into?*

December 18, 2018

You are currently experiencing the peace of understanding, which is a very powerful place to be in your moment of now. What this means is that you feel a release of fear, worry, and anxiety in your current life experience, but none of your outside conditions have changed.

The reason you are experiencing this piece is that your internal conditions have changed. You know you have moved to what feels to you like a new, more empowered place in your life. Now, the reason this is a powerful place is that you are feeling it, and you create your future only from this moment. Relish this.

Reflection Questions:

- 1. When have you experienced a shift in peace without any external circumstances changing—what internal condition shifted?*
- 2. How can you more consciously create from this 'peace of understanding' rather than waiting for external conditions to improve?*

December 18, 2019

All of your emotions are valuable. We went to extraordinary lengths this morning to bring you this message. It is our desire that many of you extract some wisdom. Roger went to bed last night with an uncomfortable emotion. Roger knows enough to recognize that any uncomfortable emotion is designed to alert him to a limitation he has been holding in his life.

Now, the reason Roger was uncomfortable is that he was watching a webinar being presented by someone doing the type of work Roger feels called to do; however, this person is a millionaire. This event triggered feelings of jealousy, which then turned into judgment and, finally, into anger. That process was meant to alert him that he has been limiting his belief in what he might accomplish.

It was extraordinarily uncomfortable because he realized the results in his own life that he had brought about through his efforts, which he could offer to others if he were willing to think differently about himself. Many of you can't ignore that one.

Then this morning, we had his friend send him a text message thanking Roger for all he has done for him. Mind you, this friend is the one others see as a difficulty in Roger's life. Roger also thanked the friend, which the friend also found odd. Then Roger responded to us: 'When one becomes grateful for their hardships, they find their greatness.'

Reflection Questions:

- 1. What uncomfortable emotion—jealousy, judgment, or anger—has recently surfaced for you, and what limitation in your self-belief might it be revealing?*
 - 2. Who or what in your life that appears as a 'hardship' might actually be helping you discover your greatness?*
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December 19, 2020

Here is why you are alive now. As we said yesterday, it was to move through limitations, but that must originate within you, which is why you decided to live through this restructuring.

We will use portions of our previous messages to make a point about this moment in your human experience. We are pointing out that it is your human experience, which helps you understand the limitations you hold because you operate in linear time, and we do not. We have given Roger messages over decades that begin to make sense to him in his moment of now, as they will for you.

One thread we have given Roger was to do his job, which is the same for each of you. You were born to fulfill a role in your evolutionary journey. And that adds to the evolution of all that is for you are all one. But you are not all doing the same jobs. All jobs are essential, but only matter if you do them!

We have told Roger he came to be love, but he never accepted that and didn't know what it meant. When the pandemic began, he suddenly understood. He would make every effort for the good of all, but he also faced judgment as he had for eons and allowed it to hold him back, as you have done.

You will be fine.

Reflection Questions:

- 1. What is the 'job' you were born to fulfill, and what has been holding you back from doing it fully?*
 - 2. How might the challenges of this current time be precisely what you need to finally understand and embrace your purpose?*
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December 18, 2021

More of your worth and value are being revealed. We are now speaking about three things, and you will understand what we mean. The first one is your restructuring and that of your world. You wanted to be alive now because this experience would make you somewhat fearful and doubt your importance.

We have said the purpose of our live chats was to help you move through your fear and doubt, which is another reason for this message. The second reason is that one of the participants in our program

just made a giant leap in their evolution. That act brought about the third reason: Roger's restructuring and expansion, and more of his worth and value were revealed.

Roger couldn't believe he had given something that would be of benefit to the world, just as you could not believe that dream you held was real, or that your importance would be felt in the world, or that someone else had been given more than you at birth. None of those things was ever true, and you wanted to be alive now to discover this.

Now is the time you would do well to actively release your ideas about your worth and value, for you have obscured them with your self-judgment and belief in failure. Use the full moon's energy for a further purge of your unwanted emotions. You did not understand your previous challenges or the significance of their appearance in your life, and we will help you more on our next live talk.

Reflection Questions:

- 1. What self-judgment or belief in failure has been obscuring your true worth and value from yourself?*
 - 2. What dream have you been holding that you haven't allowed yourself to believe could be real or important to the world?*
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December 18, 2022

Soon, you will release your resistance. You were born at the perfect time to fulfill your desires and dreams. You orchestrated your life to be here now, knowing it would be the best time for you to evolve so you could aid your world in its restructuring.

We know you might not have believed you were that essential, but every soul is, and you will discover that when you drop your resistance to becoming all you could be.

We know it is still challenging for many to believe that we gave you everything you needed in 2012, but you might be more convinced by the message we left for you this day.

Reflection Questions:

- 1. What specific resistance are you holding to becoming all you could be, and what would it take to release it?*
 - 2. How does knowing you 'orchestrated your life to be here now' change your perspective on current challenges?*
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December 18, 2023

It is never too late. Many of you have come to that belief when you examine your lives and the world, and feel like you are giving up or that there is no solution.

The solution to everything you experience in your life and world is within you, and it comes to light when you take the next step into who you desire to be and fulfill your life purpose, as it is a valuable one and one that will aid planetary ascension.

Please study the message we provided on this date in 2012, and you will be on your way to greater adventure and success.

Reflection Questions:

- 1. Where in your life have you been feeling like 'giving up' or that there is 'no solution'?*
 - 2. What is the next step into who you desire to be that you've been hesitating to take?*
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December 18, 2024

You will accept more of your purpose today, and more of you will change today. You came to the physical plane with a divine plan, as it does exist in your world, but understanding and accepting the premise and yourself has been an integral part of your journey, and the reason we gave you our ascension guide.

Reflection Questions:

- 1. What aspect of your divine purpose are you being called to accept more fully right now?*
 - 2. How has the journey of understanding and accepting yourself been essential to fulfilling your purpose?*
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Watch the Channeling Session

December 21, 2021 Session: <https://youtu.be/n2RXYrQfupA>

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Life Transformation for the New World