

The December 5-7 Pathway

A 17-Year Progressive Curriculum for Human Evolution

Messages Channeled 2008-2025 | Compiled December 2025

Why This Document Exists

You are reading this at the right time. That statement is not metaphorical—it is the fundamental principle underlying everything that follows. Every soul evolves through the same process: confronting fear and doubt, recognizing their inherent value, and ultimately stepping into the power they were born to embody. The timing is always perfect, even when—especially when—it doesn't feel that way.

Since 1989, I have received daily messages through automatic writing from an entity called Wilhelm. For the first seventeen years, I kept them private, uncertain of their validity or purpose. In 2008, I began publishing them daily. What I did not understand then—what I am only now fully recognizing—is that these messages form a systematic curriculum for human evolution, one that operates on temporal patterns I could not have consciously designed.

The messages for December 5, 6, and 7 across seventeen years reveal a three-day energetic architecture that builds progressively each year. December 5 addresses fear and doubt as necessary catalysts. December 6 builds the capacity to believe. December 7 demands action—specifically, that you stop waiting and step into who you came here to be.

This is not merely my interpretation. The messages themselves contain instructions to "follow along" through the years. They reference specific dates, link to recordings made years prior, and demonstrate knowledge of events that had not yet occurred when they were written. The December 4, 2025 extreme supermoon was referenced across multiple years as a verification point. You are reading this in the days following that event.

How All Humans Evolve

Wilhelm's messages consistently reveal that individual and collective evolution follow identical patterns. We each move through fear and doubt toward self-acceptance and empowerment. The journey takes time—individually, it spans a lifetime; collectively, it spans generations. But the destination is the same: recognizing that the power we seek has always been within us.

What appears as global chaos is purposeful transformation. What feels like personal struggle is evolutionary pressure designed to move you toward your authentic self. The restructuring of our world requires the restructuring of each individual within it. Your transformation is not separate from the collective transformation—it is the mechanism by which it occurs.

The messages that follow are organized by date across years. Read them not as historical documents but as a progressive teaching that builds upon itself. What Wilhelm gave in 2008 creates the foundation for 2009, which prepares for 2010, and so on—culminating in guidance specifically designed for this moment.

December 5: Fear and Doubt Are Necessary

The first day of this three-day pathway addresses the fundamental truth that fear and doubt are not obstacles to be eliminated but catalysts to be embraced. They exist to show you where your growth lies.

December 5, 2025

Fear and doubt are pervasive. But they are necessary and can be overcome. You simply have to become willing. Please follow along.

December 5, 2008

It is always more beneficial for you to place your focused attention on what you desire to create rather than how it will be carried out. You may only accomplish this when you utilize your original goal, which was to live your life in your moment of now. When you begin to place that focused attention on the "hows" of your desired manifestations, you will always limit what is possible for you simply because you only have a very limited perception from where you are now. Your desire was to always expand and experience more. You will never ask for too much or ask for enough because you cannot know what that is. This is the true "magic" and adventure of your life journey and precisely what you desired. Welcome it in.

December 5, 2009

Power is that energetic force that causes creation. The thing about that you continually experience is that you have full access to it. You decided to have a physical life experience because you knew it would be joyful to experience that gaining of access, as it were, while in physical form. You also knew that the process itself would cause your individual as well as the mass consciousness evolution. You become surprised when you actually experience this happening, and that is what you may think of as completely "normal," for it is a new experience for you. Now your part in this, even in your periods of surprise, is to accept and embrace it, and to let go of any fear about doing so. That is joyful.

December 5, 2010

You are new in each and every moment of now, and are never bound by anything that occurred prior to this moment except by your own choosing. This is such an important concept for you to absorb, for it allows you to live consciously and expressively in your now moment as you intended. This does not necessarily mean that you will never examine your past, but you always intended to do so merely to gather the knowledge and wisdom you gained. That is a pleasurable experience as opposed to the one where you lament about that past, which offers no value in your now experience. You always have the ability to choose which state you desire to experience, and you always know the difference by how it feels.

December 5, 2011

Asking is one of the most valuable abilities that you possess. The process of asking for that which you desire also indicates that you believe you deserve to receive. It does not necessarily mean that you receive precisely that for which you ask, for the results of what you receive will always be for your highest good, or cause your greatest expansion. Expansion itself is not of a physical nature and therefore cannot be measured by your physical possessions. The expansion you seek is always that which causes your spiritual expansion, for that is all that is real. Nothing for which you ask is unreasonable; that is only in your thinking.

December 5, 2012

Start here are two words that can be very powerful for you when you decide to use them to help you remember to stay in your moment of now, do what is in front of you, and allow the magnificent experience of your physical life to unfold. Those words can help you stop the mind racing that occurs for you at times, which has you either worrying about the future or regretting the past. Those words can help you to remember that you always have the opportunity to start now at whatever you desire to create or manifest. You are never bound by your thoughts of the future or past when you evoke those words into your experience. Decide to attach the feeling of peace to those words.

December 5, 2013

Changing for good is an idea or term that resonates with you and many others. You would do well to examine how you have interpreted the meaning. The word good is a relative word, meaning that it only holds value in how

you choose to interpret it. One of the difficulties that you have with the idea of changing for good is that you have interpreted good to mean finally, or that the change you desire will never appear again. The reason that it is problematic is that your innate desire is to experience free will of choice, so feelings that are being forced to do something may cause you to rebel. Now, if you were to interpret the word good to mean a simple standard you have established for yourself, you will more easily make the choice to initiate that change.

December 5, 2014

I am valuable. You could do nothing better than to continually recite that statement to yourself and decide to continue to use it as your personal mantra or affirmation. You, at times, neglect using that particular terminology because you fear that it might be seen as arrogant when, in fact, not using that statement is true arrogance. This was your birthright, and you spend your entire physical life experience coming to know it. It is not arrogant because the only way in which you become valuable to others, make a contribution to mass consciousness, is when you come to know and believe that statement. When you know you are valuable, you will make different choices, you will allow abundance to manifest in your life, and you will become the generous and loving person you desired to be.

December 5, 2015

You are in the midst of experiencing what might be thought of as a call to action. You always know when this is occurring in your life because it is accompanied by either tears, sadness, depression, hopelessness, desperation, or fear. It is a call to action because now it requires you to do something to alleviate some or all of those emotions or feelings. What you desire to know now is that there is always something that you can do, and when you decide to take that action, it causes you to evolve and expand in some way. At times, it is merely whatever is right in front of you that you know you do. It can be to help or assist one person, as it does not need to be some grandiose action or gesture, but anything that is simply within your power.

December 5, 2016

You always know when you are doing something in your life that is not leading you to what you truly desire, and you always know when you are attempting not to notice that, which is then called temporary denial. Now it is called temporary denial because you also know that eventually you will confront, overcome, or master whatever that is you have been attempting to deny. The point is to make you aware of the fact that you always possess your own internal guidance when you decide to pay attention to that guidance and follow its direction. As you begin to do this more earnestly, you reach your goals and manifest your desires much more easily and even more quickly. The key to using this process effectively is to also decide not to judge yourself as you become aware of your own actions and thoughts.

December 5, 2017

Yes, your life does hold meaning and purpose, and you always come to know, accept, and realize this fact eventually. This is true for every soul, and you always begin to experience this much faster when you first attempt to accept the very first statement of this message. You have difficulty with this because at times you have yet to understand the meaning of all the different events and experiences of your life, as well as your particular makeup, if you will, meaning your inherent traits, talents, abilities, as well as perceived flaws. Now, the meaning and purpose you always come to know are that when you accept who you are, the meaning and purpose of your life will help all others.

December 5, 2018

Perfection always shows up, eventually. What this means is that many times in your life, your experiences, circumstances, and situations don't make sense to you, but then, as you begin to interpret what is occurring in a different manner, you begin to notice that perfection. Perfection, as it is being used here, means that the goals, aspirations, and dreams you have held in your life begin to unfold. The reason it may take a while for you to understand is that you are resisting your own path.

December 5, 2019

Why not you? First of all, Roger had us promise that we would deliver this message in a manner that would not cause you to slit your wrists as you come to understand this. Humor aids greatly. What we would like each of you to do is contemplate something in your life that you desire to be or achieve, and have yet to do that, and then ask yourself, Why not me? If you are willing to become brutally honest, you will know why. This morning, Roger came

to his computer, and in front of him was a video of Alan Watts. As Roger listened, he knew why we wanted him to hear it, and he knew why not him. Alan began speaking on the importance of using, knowing, and owning your emotions. The words that Alan used were similar to the ones Roger has hanging on his wall that we gave him thirty years ago. Roger then decided to investigate Alan's background, which he had never done, and found Alan had a master's degree in theology. Now, Roger does not have this, so he assumed what he said or came to know intuitively, or the wisdom he gained was not as valid as Alan's. Now Roger knew what he had done, why not him, and hopefully, you begin to understand what you have done to yourself, and why not you. Now stop it!

December 5, 2021

You will move beyond your doubt. We are concluding some of the information we provided during our live talk with you yesterday. Throughout all of our conversations, we have said that the intention was always to aid more of you as you move through your restructuring, as it will bring up your fear and doubt because that is what you wanted. You move through your lives, intending to evolve personally. And many of you also know that when you feel your progress in that arena, your world evolves. And as we also said, this shift in your world is massive, as you would feel it in your life. Roger did not think we would be accurate, just as you have not believed what was given to you, and the talent and gifts you have been withholding. And also, as we said yesterday, you meant to unleash them now, and we will aid all those who are willing.

December 5, 2022

You are transitioning to a new dimension. Many of you may have felt that because it is all energetic. Others know this but need to fulfill their portion to aid this transition. And that is becoming happy, successful, and loving, so you add your essence to the mix. Your choice was never conscious, but you did make one, or might we say you were given your divine plan, and it is before you now. Your level of understanding is elevated by your willingness to release your resistance and suspend your disbelief. It can be shocking to many as you discover who you are and your powers. That is why our work is structured in bite-sized pieces to encourage your acceptance of your worth and value, especially at this time in your world.

December 5, 2023

You are just beginning. We are referring to your current restructuring and the message we provided on this date in 2012. As long as you have your physical life experience, you can correct or change your history and that of your planet, for they are all one. We hope you heed our guidance, for your energetic contribution to this change will accelerate your expansion and that of all that is.

December 5, 2024

You are still just beginning. We use words to spark your memory during your evolutionary physical life experience. You can thrive despite what you might have believed about your life and world. Please revisit last year.

December 6: Your Belief Grows Stronger

The second day builds upon the first. Having acknowledged fear and doubt, you now develop the capacity to believe—in yourself, in your journey, in your inherent value. These messages address self-ownership as the foundation of all transformation.

December 6, 2025

Your belief is much stronger today. You each develop that in your lives, as it is a part of your evolutionary process. However, at this time of your journey and the restructuring of you and your world, we have provided guidance. Please follow along.

December 6, 2008

You will always underestimate your ability to accomplish anything, simply because you have yet to experience that very accomplishment. There are many incidents in your everyday, daily experience where your certainty about particular occurrences has yielded their manifestation. Many of these go unnoticed by you because of your certainty and lack of doubt or belief. When you are able to notice those particular occurrences, and then bring that feeling, emotional certainty into other areas of your life experience that you deem more important, you perform what you believe to be miracles. In actuality, they are all natural occurrences, simply following the laws of the Universe. Simply pay more attention, and you'll bring them into your now awareness.

December 6, 2009

During your physical life experience, the most valuable possession you will own is yourself. You spend your physical lifetime figuring that one out. The most valuable gift that you can give to "All That Is" is yourself. When you come to own, honor, and decide to live your life in this manner, all sorts of what you think of as miracles begin to occur. This actually was always your intention, as you knew before you came into physical form that the particular incarnation you chose had its inherent value, and you simply desired to experience that in physical form. There is indeed nothing greater than this you can or will ever achieve.

December 6, 2010

Everything in your physical life experience is moving along correctly, and you would do well to simply hold that belief, no matter what your human mind may think of the occurrences now. All of it is as it should be, including what you think of as difficult or challenging times, as well as good and joyous times. You can only judge what is occurring based on your current level of conscious awareness, and that is always limited, as you knew it would be. It is only with the passage of many events, situations, and circumstances that you look with hindsight, so to speak, and gather the wisdom, knowledge, and expansion you sought. So then again, it is all moving correctly.

December 6, 2011

You live in a continual and eternal state of transformation, and it is not possible for it to be any other way. Each and every moment, you transform merely by your existence. As you move through your physical life experience, you come upon particular times where you see a transformation that you desire in your life. The difficulty you have at those times is that you can begin to think that something outside of you will cause this to occur. The truth is, it is only you who can initiate that transformation by deciding in your moment of now to begin. In that moment of clarity, you know precisely what to do, and it is then only up to you to do it.

December 6, 2012

Looking for gratitude is an active physical process in which you can engage that has the ability to lift your mental attitude from one of depression or despair, into one of joy, happiness, and excited anticipation. Your focused attention can only be placed in one direction at a time, and that also moves energy that will manifest certain results in your experience. It is not possible for you to create or manifest the life experience you desire when your focused attention is placed on those things that cause you discomfort. Looking for gratitude, then, is the conscious decision you make to find all the things in your moment of now for which you are grateful and desire, and thereby cause them to grow and multiply.

December 6, 2013

You were born with the inherent ability to improve the world, but that ability is meaningless unless you decide to use it. Improvement means whatever you believe will somehow make things better for you and others. Every soul

is born with this ability, but it may not be the life direction for all to use it, and it becomes important for you to know which decision you have made. Improvement does not need to be on a grand scale, or what you think of as grandiose actions, but even the smallest of improvements make a difference and have a cumulative effect, meaning when used, it continually grows.

December 6, 2014

It is not possible for you to see your beautiful future while you are continually looking at your horrible past. Many subjective words are being used here, so you might truly absorb the meaning intended. You recently thought of a lesson from The Course in Miracles that stated; The past is over, it can touch me not. You have given that lesson what could be considered a cursory study and understanding, and now you would do well to go a bit deeper. All of this is referring to where you choose to place your conscious attention. It is not suggested that you attempt to deny your past, but it is suggested that you look at it differently. Anything and everything that occurred in your past was intended to bring you wisdom and knowledge, and that is what you desire now to take into your future.

December 6, 2015

Now, you may not grasp all of this in one cursory reading of this message, but do your best, as it can lead you to experience the physical life you desire. Fear is merely an energy. Being that it is an energy, it is then creative, meaning that it can expand or diminish depending on the attention it is given. You have the free will of choice to think in any manner that you desire in your moment of now. In other words, you get to decide how to spend each and every moment that you have. An analogy might be that you have a fear of flying, so you will spend every moment of your flight fearing that the plane will crash, and when that has not occurred, you miss the beauty you might have had during that flight. You do the same with your entire life, so become aware that you can choose each moment of now.

December 6, 2016

What you can and might give are far more important than anything you expect to receive. That particular sentence will be the most important thing you can choose to remember in your life now moving forward. The words can and might are used here deliberately. Can means that you recognize that you do have something to give, and might means that you are willing to do so. This idea is true in every area of your life, for it merely follows an established principle or law. Anything that you place your focused attention upon or add energy to causes whatever that is to increase. So if you believe that you have wisdom and knowledge and decide to give that, you receive more. Now you have had experiences that were precisely the opposite in your life. Whenever you pursued something merely for the money or things you wanted, you diminished those. Ponder this.

December 6, 2017

You always know what to do to reach the place you desire to be in your life, but you just fail to do those things. At times, it is far more critical for you to establish clarity with yourself to move out of this position. The vital information for you to seek to know, then, is why you would do that. While there may be many different aspects, reasons, or patterns of behavior you have developed that contributed to this, they all come down to some fear you are holding. When you finally decide that the fear is too uncomfortable for you and you no longer want to be controlled by it, you will do all the things that will manifest what you want.

December 6, 2018

You only thought you were powerless. This message, while a bit long, may be the most consequential you have ever written, not only for you but all others, if you write it as you hear it without censorship. You were awakened at 3 AM and guided to read a passage in a book you have read many times over decades. The story of Augustus struck you because his story resonated with you. Now, the shocking, and almost embarrassing, part for you was realizing you only understood this fully now. The story of Augustus was one of an individual who split into two distinct personalities. One with power, and one without, and the separation of the personalities occurred because of a belief in powerlessness. Reconciliation happens when you accept how powerful you are.

December 6, 2019

Please lose your mind! Yes, we are yelling that to you all. First of all, if you are completely happy with your life so far and you have achieved what you wanted, please disregard our words. But if you want more, please pay attention. Roger was in conversation with a friend last night, who said, "I think you might be losing your mind." Roger blurted out, "I hope so." Now that response even startled him because what has held him back his entire

life is being far too concerned with the opinions of others. It is why it took more than seventeen years before he would allow anyone to see our conversations. And even that was not by his own doing. This morning, we had him look up individuation. You all would do well to do the same. The evolution of your world depends on your understanding this concept. None of you recognizes your importance in the world because you have unknowingly rejected this concept in favor of conformity. You knew this when you were rebellious teenagers. As you mature, you somehow begin to see this as being "crazy." Please keep in mind that most of your geniuses were once considered to be insane. Sometimes you don't study all your history. None of you is here to be the same. You are here to be you!

December 6, 2020

Self-discovery can be frightening. As we have said, you are moving through a massive restructuring in your world and, therefore, within you. So indeed, that is self-discovery. There was no other reason you wanted to be born than that one. You are witnessing more of that now in your unique way due to your current living conditions and those of the world. None of it is accidental and was meant to occur for you now.

December 6, 2021

You said you wanted self-mastery. Today, we are resorting to our old faithful, using the fairy tale analogy to help more of you remember, understand, and accept why you are alive now. You wanted to evolve, and the ultimate destination is self-mastery. We have said you were moving through a restructuring, and the purpose of which was to allow you to develop your creative skills. You even picked a time in your world's history where you would have the most significant opportunity to make an enormous shift in your evolutionary journey. Everything we gave you in "Your Life Operating Instructions" was to provide you with the tools to use now to reach a higher level of mastery in your life, which is why you wanted to be here now. You are never a victim of anything, for you knew you would overcome everything as you strive toward self-mastery, and we will continue to help, and you all will be fine.

December 6, 2022

You are needed in your world now. We are speaking directly to you and will continue to do so through our live conversation with you tomorrow. We understand much of your life has been confusing, and in the last several years, you began to think you lost your way or had not fulfilled your promise to yourself. You have fulfilled the first part of that promise, but now it's time for you to take the next step, for that is the one that will make a tremendous difference in the restructuring of your life and world. We wanted you to prepare for the great shift occurring in your world, so we gave you the following message in 2012, so you might begin to rethink your importance in your life and your world. We will continue tomorrow, but as we always said, you will be fine.

December 6, 2023

Your life was not accidental. Every soul comes to the physical plane with an evolutionary journey unique to them. Your journey was necessary; you intended to be in the world now. We provided reminders, and we did so on this date in 2020, for we knew it would aid you and your world now.

December 6, 2024

You can improve your world today. That was the intention of your life, and you were given the ability to accomplish that goal.

[Related Session: You will understand your life and world now \(December 21, 2021\)](#)

December 7: Take the Next Step

The third day is the culmination. Having acknowledged fear and built belief, you now face the essential truth: the obstacle has never been external circumstances but your relationship with yourself. These messages reveal that the fear you hold is not of what might happen—it is fear of your own greatness.

December 7, 2025

You only have to take the next step. While that is the case for you every day and every moment of your physical life experience, there are certain days when the steps you take are more important. That is today. You have arrived at the right time, and your contribution to your world and your evolution will be enhanced today. We wanted you to love yourself. Please follow along.

December 7, 2008

You are always in the process of creating the life you desire to lead, whether you are aware of it or not. Every thought you think, word you speak, action you take, or deed you perform is an active, creative process. It would be much more beneficial for you simply to become aware of all of them and deliberate. Deliberate means that you have an intention behind all that you do. Here again is why it is extremely important for you to simply decide on that life experience you desire to have and the person you desire to become. There is no right or wrong in any of it, but simply desire. You will notice that your lack of taking any action at all will also indicate your lack of clarity about where you desire to go. Use your creative visualization in your now moment; always.

December 7, 2009

There is nothing that will ever show up in your life experience that you do not have the ability to handle, the knowledge available, or that you did not summon for your highest good. This indeed is the epitome of trust in the present moment. That very trust itself is what provides you with the peace you always seek. When you begin to embrace this information more wholly, you will notice a gain in confidence, wisdom, and ultimately love in all that you do. Fear is merely an absence of all that, and you may always choose differently in your moment of now.

December 7, 2010

The only one who can ever control your physical life experience is you. Control, as it is being used here, refers to how you feel in each and every moment of now. While that concept may be daunting to you at first, when you accept it, you also accept the key to a joyous, magnificent, and fulfilled life experience. The moment you begin to blame another for your current experience, you give them the key to the control of your life, which is inherently yours. You may argue that there are all kinds of things that others do which cause you to feel a particular way, but it is always you who makes the choice of how you decide to feel. You always make that very decision based on your particular perception of what is occurring. You can decide it is all for your good.

December 7, 2011

You can only ever effectively do one thing at a time. While you may argue that you have found you have the ability to do many things all at the same time, you are overlooking the fact that this process will inevitably take more time, dissipate your experience of your moment of now, and squander the available energy you would have otherwise available. Your experience of feeling overwhelmed is precisely due to your attempt to do all these things at once. This is also an indication that you believe on some level there is a finish line, if you will, that you are attempting to reach. You are an eternal being, and it never all gets done.

December 7, 2012

When you become angry enough, you will decide to regain control of and guide your own physical life experience. While you may think that you should not have the experience of anger if you are truly seeking to be a spiritual being, however you have chosen to live a physical life experience using all your human emotions in order that you might expand. All of your emotions then have meaning and purpose when you decide to use them toward that goal of expansion. You are never angry at another person, situation, or circumstance, but you are angry at yourself for failing to find and make the changes that would alleviate that anger experience. When you decide to do that, you truly expand and guide your own life.

December 7, 2013

You are infinitely creative, and once you attempt to form that belief within yourself, you will also see it made manifest in your physical life experience. The two words, infinitely creative, are purposefully being used together, and you would do well to study their meaning so that you will experience the full impact this message is trying to impart. You only have difficulty with being the creative being you desire because you have set up certain limitations in your thinking. Many times, you will not feel that creativity, and because you create your own reality through the thoughts and beliefs you hold, that ends up being your experience, so reversing your thoughts and beliefs becomes imperative. When you think of infinity, there is no limit. This is who you are.

December 7, 2014

It was never that you were terrified of what might happen during your physical life experience, but you were more terrified of what could happen were you to recognize the greatness that was within you.

That statement is always what you come to know when you leave your physical life experience, but you can also decide to know it during your physical life experience and then consciously decide to act on that specific awareness. When you honestly contemplate that first statement, you always come to know and feel the truth within it. This will also explain to you why so many times you become surprised when you see the truth of this entire premise unfolding right before your eyes. The bottom line is to decide to give up being afraid and terrified of your greatness.

December 7, 2015

Now this one is for you, and others who read it will gather what they will for themselves. Nothing is the same. You noticed yesterday that your messages from more than twenty-five years ago were quite different, and because of that, you judged your present-day messages as possibly not being as effective. Every soul on some level has a thought that maybe they were better earlier at some stage in their lives, but in fact, that is never true. Your experiences have caused you to become more, and you merely need to embrace that.

December 7, 2016

It is not possible for you to experience or reach the level of empowerment you desire to know in your life without being willing to practice the process of loving brutal honesty. All of those words were used purposefully and intentionally. It is loving because you know that you are engaging in the process itself, because you care about your well-being, and desire to evolve. It is brutal because you also know that at times this process will not feel comfortable for you, but you also know this is a necessary and essential part of the process. It is then honest because you now become willing to be honest with yourself about what you are doing or not doing at this moment to move in the direction of your desires, and you tell the truth about that. When you continually engage in this process, empowerment is the natural result.

December 7, 2017

You wanted this as well. That statement is the perfect one for you to hold, especially when you might be experiencing something in your life that is emotionally uncomfortable, as you did last night. You had an emotional reaction to an incident where you felt as if you were being ignored. You could not have the emotional experience unless you were doing the ignoring. Give that sentence time to make sense. Here it is. You have been ignoring yourself because you have not been willing to accept who you are in every aspect. When you finally do this, being ignored in any way will never affect you emotionally again. That is why you wanted this as well.

December 7, 2018

You cannot judge any of your experiences as being bad and expect to receive the wisdom they are attempting to bring you. Again, we find it necessary to bypass Roger to deliver this information, but this process is purposeful for all of you, as you will understand his difficulty as well as yours. When you experience emotionally difficult or upsetting events, especially the ones you know you had a hand in creating, your awareness of this will initially cause you to judge yourself. You would do well now to change your perception. Think of this entire event and that feeling of emotional pain as an alert that you have activated a catalyst for change that is always for your good. Doesn't that feel better? Now get on with it.

December 7, 2019

You are all slow learners. Roger was having such difficulty allowing this message to come through because he knew he was engaging in behavior and thoughts that didn't serve him. He had such trouble that he searched our messages to find relief. Roger found many messages that helped, but we led him to the perfect one that, as he

studies it again, he will find relief. The message was the problem with judgment. Please understand that ultimately, the person you must forgive is yourself. All humans tend to hold on to beliefs that don't serve them because that feels safer than being wrong. You all will come to understand this, but be patient because, remember, you are slow learners.

December 7, 2020

You were not supposed to be them. This message will give many of you an audible sigh of relief. When you were born, your goal in this life was to experience self-mastery. On your journey, you need examples of other beings who have come before to provide you with guidance for that to occur. Some do this well depending on your evolutionary cycle, but others serve another purpose, just as Roger has, offering a new perspective. Here again, his challenge, as with many of you, is whether or not he should trust his intuition or guidance, or if the information coming from others is more correct, so he should follow that? That question is the one each of you will answer during this restructuring, and your answer will be the right one for you. Last night, Roger listened with his friend to another thought leader who maintains an entirely different view about what is occurring in your world now. While it was vastly different than Roger's, it allowed Roger to own his. That sentence is the one you are attempting to achieve during this restructuring, and when you do, you will know you have done so through the type of peace Roger experienced in that incident. You were born to develop your self-mastery, and while all your teachers and guides are useful, you were meant to do the same. Ponder that and remember, you will be fine.

December 7, 2021

Yesterday, we told Roger to plan another live conversation with you this Friday. We told him to look up the significance of that day when he discovered it was Human Rights Day, so we told him to use that name and let you know that we would then explain why you are here. Roger followed all of those instructions without question, where some time ago, he would have doubted each one and failed to act upon them. The current restructuring you are moving through allows more of you to accept communication you might have previously ignored. We told you some time ago that the communication would become louder. Some of you, including Roger, attempted to slow it down or block it, but not even the substances you use to stop your communication will accomplish that goal at this time in your life. We are asking you to take a big leap in acceptance of yourself. We wanted you to take that leap of faith, for if you do, you will achieve the goal of your divine plan, and you all will be fine.

December 7, 2022

Everything could change for you today. We used the word could because it all depends on your actions. We are speaking directly to you because we know you would not be reading us unless it was a part of your life journey, and you decide each time you view us how much you will believe, just as you have done with how much you choose to believe about yourself and your importance in the world. We will explain why this time in your life and your world is the most incredible opportunity you have ever experienced.

December 7, 2023

You are only ever angry at yourself. While that statement might feel somewhat oppressive to you, it is one of the most valuable concepts you could choose to accept now. We have said you were moving through a massive restructuring in your world to manifest a new world. You must do your part by overcoming your anger, recognizing your inherent worth, and loving every aspect of yourself.

December 7, 2024

None of you knew. We wanted to capture your attention to offer some comfort and a reminder. You are here to usher in your new world, but that only happens when you decide to take the next step in your evolutionary journey. You could not have known who you could become, and neither did our messenger.

[Related Session: Human Rights Day \(December 10, 2021\)](#)

[Related Session: You Can No Longer Hold Yourself Back \(December 7, 2022\)](#)

The Pattern Revealed

Across seventeen years, these three dates form a consistent architecture:

December 5 acknowledges that fear and doubt are pervasive—and necessary. They are not failures but catalysts. The messages on this date consistently address the mechanisms: limited perception, accessing power, inherent value, and the question "Why not you?"

December 6 builds the capacity to believe. These messages focus on self-ownership: yourself as your most valuable possession, gratitude as active process, giving over receiving, and the revelation that you only thought you were powerless.

December 7 demands action. And specifically, it demands that you stop waiting, stop comparing yourself to others, stop doubting your own guidance. The core truth delivered across all these years: the fear is not of external circumstances. It is fear of your own greatness.

My Role as Messenger

I have been receiving these messages for 36 years. For the first seventeen, I kept them private, doubting their validity, doubting myself. Wilhelm addresses this directly throughout the messages—my fear of being seen as arrogant, my comparison of myself to credentialed teachers like Alan Watts, my hesitation to trust my own guidance.

The irony is not lost on me that the very obstacle Wilhelm has been helping others overcome for nearly four decades is the same one I have faced: fear of my own power, fear of stepping fully into who I came here to be.

My role was to bring forth this work. Not because I am special, but because everyone has a unique role, and this is mine. Yours is equally important—to become who you came here to be, to transform yourself, and through that transformation, to contribute to the collective evolution we are all moving through together.

We are in the window now. The December 4, 2025 supermoon that Wilhelm referenced across multiple years has occurred. You are reading this in the days that follow. The question is the same one Wilhelm has been asking for seventeen years: Are you willing to take the next step?

You will be fine.
— Wilhelm

Resources & Live Sessions

[You will understand your life and world now \(December 21, 2021\)](#)

[Human Rights Day \(December 10, 2021\)](#)

[You Can No Longer Hold Yourself Back \(December 7, 2022\)](#)

[Your Last Development Program: rogerburnley.com](#)