

Wilhelm's Messages: November 29

A Collection Spanning 2008–2025 with Reflection Questions

November 29, 2008

There are no mistakes, but merely a purpose that escapes your present level of awareness.

In your life journey, you are always seeking to gain, utilize, and experience more of your innate spiritual abilities and nature. To accomplish this, you allow events, circumstances, and others to come into your life for you to gain more. You will at times have thoughts, deeds, and actions that will cause you to judge yourself so that you might come to understand and experience on a feeling level that you have never done anything "wrong". You are always seeking to know the complete "rightness" of your own experience and therefore trust the integrity of that very experience.

Seek peace in all that you do, and you also avail yourself to that greater awareness, which is always your intention.

Reflection Questions:

- 1. What situation in your life have you labeled a "mistake" that might actually contain a purpose you haven't yet recognized?*
- 2. How might your self-judgment be blocking you from receiving the wisdom a particular experience was meant to offer you?*



November 29, 2009

A condition that is paramount in your achievement of an enjoyable life experience is the state of continually eliminating the idea of mistakes from your thinking. When you think that what you have done, said, or thought was a mistake, you simultaneously block the information, knowledge, and wisdom that you desired to gain from your actions.

It is only you who sits in that constant state of judgment, which then becomes a never-ending cycle of depression, unhappiness, and some form of misery. Your intention is always to enjoy it all, and you accomplish this by accepting that whatever you have done is in the past and that all leads to something more.

Reflection Questions:

- 1. What recurring self-judgment keeps you trapped in a cycle of unhappiness, and what wisdom might be waiting on the other side of releasing it?*
- 2. If you fully accepted that everything you've done "leads to something more," how would your relationship with your past change?*



November 29, 2010

There is nothing that you truly desire to do, be, have, or create, where you do not already possess the ability to do so. Ability means access to those talents and skills that are present now in the Universe.

The only difficulty you ever experience in doing so is in your belief system. It is indeed a system that you put in place. When you believe it is not possible, that will be true, and when you think it is possible, that will be true.

This includes all aspects of your physical life experience, and the only reason you would not accomplish it is that you either have not made it a priority, are unwilling to do whatever it takes, or have accepted limitation as real.

Reflection Questions:

- 1. What desire have you been carrying that you've told yourself is impossible—and what belief system created that limitation?*
- 2. Which of the three barriers applies most to you right now: not making it a priority, unwillingness to do what it takes, or accepting limitation as real?*



November 29, 2011

Your way is always the correct way for you. The word way, as it is being used here, refers to the manner in which you attempt to be, do, or have anything at all while on your physical life journey. You experience difficulty with this concept when you start using comparisons. You will view another's methods or ways, compare them to your own, and then assess value judgments. This is not possible for you to do simply because every single way is valuable, and the very uniqueness of your way makes it even more helpful. All ways employed by every soul add value or contribute to all that is, especially yours.

Reflection Questions:

- 1. Whose way have you been comparing yourself to, and how has this comparison diminished your trust in your own path?*
- 2. What is unique about your way of doing things that you've been discounting rather than celebrating?*



November 29, 2012

Status is an imaginary ideal you have made up and spend your physical life trying to attain, which ultimately becomes a pointless journey for you. To have an ideal of some status or level of being, you must first assume that you are less than another, or that your particular place in the world is less than some other souls. All souls are born equal and inherently possess the same value and worth.

You intended first to recognize your natural value and to expound on that so that you might expand. Expansion is only spiritual; therefore, any attempt you make to achieve some status is based on physical measures and will never serve your intended purpose.

Reflection Questions:

- 1. What status have you been chasing that requires you to see yourself as "less than" in order to pursue it?*
- 2. How might your life change if you focused on spiritual expansion rather than achieving external status?*



November 29, 2013

Small steps are always the easiest to take and actually help you accomplish your goal of living in and enjoying your every moment of now. This is meant to make you aware of your habit of attempting to do, be, or create something, focusing on the end product, becoming overwhelmed by the prospect before you, and then halting your own progress by doing nothing.

There is no finish line in your physical life experience, so you should remind yourself to take your time and enjoy the journey. Additionally, taking those small steps has a cumulative effect, producing dramatic results for you. Enjoy the process.

Reflection Questions:

- 1. What goal has overwhelmed you into inaction, and what would be the smallest possible step you could take toward it today?*

2. Where in your life have you been so focused on the "finish line" that you've forgotten to enjoy the journey?



November 29, 2014

You need to be right because you fear you might not be. Being right was never a goal you intended to have in your physical life journey. While being right about something can indeed be a glorious experience, the need to be right will always indicate some insecurity on your part.

When it becomes more important or your need to be right controls you, all the other information and wisdom you desired will be blocked, because you are only focused on that need. Being right always carries with it some judgment of another instead of the oneness that all others can offer you.

When you notice you are behaving in a manner where you are exerting your need to be right, seek wisdom instead.

Reflection Questions:

- 1. In what relationship or situation does your need to be right most strongly control you, and what insecurity lies beneath it?*
- 2. What wisdom might you be blocking by holding so tightly to being right about something?*



November 29, 2015

There is always a way for you to accomplish anything in your life, but what is far more instructive for you is to seek to know why you fail to find it or give up seeking it.

When you think about that sentence, you will come to understand that you will be able to apply it to many areas of your life. One you recently discovered was being able to say something to another person without attacking or hurting their feelings. In that instance, you have given yourself too much power to believe that you could hurt their feelings, for that is their choice to be hurt, and you, in essence, are attempting to usurp their own power.

Also, in that instance, you gave up your own right to your desires, and that is far more injurious to you. Expansion occurs when you consistently seek those ways.

Reflection Questions:

1. What have you wanted to say or do that you've held back from, believing you might hurt someone—and how has this silence injured you?

2. Where have you given up seeking "the way" to accomplish something, and what caused you to stop looking?



November 29, 2016

Knowing you are ready to do something in your life now, even as you sometimes experience paralyzing fear about doing it, is not necessarily a bad thing. Subjective words will be used to make sure you understand.

You recently came to the realization that you had not accomplished or manifested certain things in your life for various reasons, but all of them had to do with you. Now, what they were all related to was your own mental attitude.

The particular situations or circumstances of your life are never as important as your mental attitude.

It is logical that, as you realize that you are ready to do those things now and you know that they will lead you into that unknown you have come to fear, you would experience that fear.

The solution to this is to jump in again.

Reflection Questions:

1. What do you know you're ready to do that terrifies you precisely because it would lead you into unknown territory?

2. How has your mental attitude—rather than your circumstances—been the true barrier to manifesting what you desire?



November 29, 2017

You have an intention with everything you decide to do in your life, and that intention is meant to help you fulfill a purpose that you have. At times, this is very apparent to you, and other times, you figure it out in hindsight.

You can take this scenario to understand how this concept is being used here. You intend to reach the other side of the room, so you get up and walk there, fulfilling your purpose of being on the other side.

You have set intentions and purposes in your life for how you use money. Study the following sentence for a while. You intentionally held back

money because you wanted to fulfill your purpose of knowing how valuable you are. Work on that. Wow.

Reflection Questions:

- 1. How have you been "holding back" resources (money, time, energy) as an unconscious way of questioning your own value?*
- 2. What hidden intention might be operating beneath a behavior you've struggled to change?*



November 29, 2018

Today's message will be delivered differently because we have asked Roger to step aside so the rest of you can get the most from it.

The only difficulty you encounter in your life is due to your lack of acceptance. Acceptance, as it is being used here, means recognizing, owning, and becoming willing to utilize the gifts and abilities you each were born with and intended to use in the process of evolution in your life and the world.

You all come to understand this eventually, as Roger did, but then you begin to judge yourselves because you think you should have known this sooner, but you could not have because you wanted the experience.

Now, for all of you. Believe in, accept, and use your gifts.

Reflection Questions:

- 1. What gift or ability have you recognized but refused to fully accept and use?*
- 2. How have you judged yourself for not "knowing sooner" what you're only now beginning to understand?*



November 29, 2019

Playing small no longer serves you. As you move through your life and become more conscious, you may notice certain self-defeating behaviors you have held that no longer serve you. We will use Roger to demonstrate the point. First of all, we said you would become more conscious because most of you have been living unconsciously. If that were not true, you would want for nothing.

Then we said to you and Roger, no longer, because we had given you this message earlier. Roger even attempted not to remember this, and we had

his search for our message on false humility. We will add it to this communication, as reading them together will have a greater impact.

Yesterday, Roger received an acknowledgment of and a testimonial for his work that were even more than he could have asked for. Roger read the message once and felt himself push back against accepting it. He then performed a perfunctory task of sharing it with others, but even that was uncomfortable on certain levels. Roger didn't know what perfunctory meant, so he had to look it up. Now you all will see some of the contradictory actions and ways of being you have been using. The reason playing small no longer serves Roger is that he knows he wants to make a difference to others, but if he continues to deny it, he stays small. We will let each of you find your story in this, but remember, you intended to expand in this lifetime.

Play big!

Reflection Questions:

- 1. When did you last receive acknowledgment or praise that you pushed back against accepting—and why?*
- 2. In what specific way are you playing small that directly contradicts your desire to make a difference?*



March 31, 2017 (Referenced)

Helping another always helps you, for you are all connected and one. That statement is made to you because, at times, you display a false humility that does not serve you or others.

In other words, you are reluctant to acknowledge the encouragement and help you offer to others that inspire them to expand and become more. While you know that others make their own choices and must find, develop, and use their own power, it is not arrogant for you to acknowledge your contribution to that.

Now you understand the meaning and existence of win-win situations, for they are everywhere, but you often miss seeing them.

Reflection Questions:

- 1. What contribution have you made to someone's growth that you've been reluctant to acknowledge?*
- 2. Where in your life are you missing win-win situations because false humility keeps you from seeing them?*



November 29, 2020

How you are to understand your life now. As we keep repeating, it seems so odd to many of you what is occurring, but you are moving through a massive restructuring within you. Yes, we know we have said of the world, but the problem each of you has maintained over millennia is not understanding that you are the world and, in your wisdom, you have orchestrated the current times. We love how confusing that is, for it works well for Roger. He attempts to figure things out, no matter how incoherent. As a result, he has also come to understand that his restructuring is meant to help you come to know yours.

When you were born, you had inclinations, dreams, or desires of what you wanted to do in your life. If you had believed you could have done this, you would not have needed to create a pandemic, conflicts, strife, and fear. All those elements are what all humans use individually to keep the world spiraling through evolution.

Then we come back to you. As you move through your life, you receive glimpses of what you wanted to accomplish, as we have said before. But because, as you know, it exists in that unknown territory, you fear yourself. Every word we are using in this message is intentional, but it may take time to awaken your awareness.

Yesterday we threw many at Roger, and we will leave one to stir your imagination, as you are here to do your thing and not necessarily Roger's. Two days ago, Roger received a phone call, which he termed "out of the blue," from a former associate who offered to provide Roger with the assistance he had sought in his business. Then yesterday, a former client called, yes, "out of the blue", who had another offer for Roger that could potentially involve more than he imagined.

Then we tied it all together at the end of the day, only so we might have a great story for your understanding. Roger recorded a video earlier and sent it to his associate to add some simple branding. It took quite a while, Roger thought, but he didn't want to call and ask what was occurring, and he didn't want to ask for too much. You know, like you have done your entire life. Then the associate explained the delay, sent the video, and tears came to Roger's eyes as they did this morning with this message. He received more than he imagined. Roger recognized that what he needed was always there if he were willing to ask and to know he would receive, instead of holding onto that old, persistent doubt.

That story is how you understand your life now, for you have only doubted yourself and your journey. Still, given all the factors in the world, you will own more of yourself as Roger does, but now he is also devoted to helping you because he knows you will do the same for others, which was the entire point of the pandemic! Yes, we wanted that emphasis to remind you that you will be fine.

Reflection Questions:

- 1. What have you been afraid to ask for because you didn't want to ask for "too much"—and what might you receive if you did?*
- 2. What glimpses of your true purpose have you been receiving that you've dismissed because they lead into unknown territory?*



November 29, 2021

Your opportunity is now. You decided to be alive at this time in your world's history because you knew it would be a dynamic time of change. You knew it would be filled with uncertainty that could cause fear and doubt. You knew there would be heightened displays of contrast and differences that could turn into conflict and violence. You knew that you would experience all manner of personal loss and hardship that would lead you to this moment in your life.

Then you knew you would have the opportunity at this moment to use your free will to determine the next phase of your life and the world's, thereby fulfilling your life mission.

Some of you recognize the feeling and energy in what we just gave you, and others felt a sense of optimism that you could believe that story was true, and we assure you it is. We are offering you this information now, so that you can prepare for our live talk on Saturday. There is energetic movement in your world that will have additional effects than, and your understanding of the events will ease your fear and give you the ability to use them to your benefit.

You have something you have wanted to do; you have something about you that you want to believe. You held an idea of a legacy you wanted to leave the world. You will do so if you use that free will to step into your life purpose, for that is why you are here now, and you have feared and doubted that for longer than you remember, but your memory of that now is not necessary, but your action now will be.

We have used Roger as an example in our conversations, and we will do so again, for it will aid his restructuring and yours. We told him to begin our work with you in a program in December, for if you accomplish the goal we offer, you will start to manifest the life and world you want. Roger doubted us when we said we had given him everything in 2012, just as you have questioned your talent, your creation, your abilities, and the gift you were meant to leave the world.

We want you to embrace your dream and move forward in your life, and you are more likely to accomplish that when you begin to feel more empowered, which is guaranteed by our short program. You each have things you have developed, learned, accomplished, overcome, moved through, or conquered, which you have yet to comprehend the enormity

of your accomplishments, as Roger did not, so together, you will discover more.

Those of you who know Roger might wonder the following. How is he always in a good mood? Why does he always see the other side of things? Why is he so optimistic? Why does he never seem to be ill? Why does he seem to see people as all the same? Why doesn't he seem to be fearful? How does he seem so confident?

Everything we mentioned in that paragraph is the opposite of who he was before he did the work we will offer you. We told him to leave the link to the waiting list for those who would like us to guide you through the next month. Please take the plunge into your life as well, and you all will be fine.

Reflection Questions:

- 1. What legacy have you dreamed of leaving the world that you've feared and doubted for longer than you can remember?*
- 2. What have you overcome, accomplished, or moved through whose enormity you have yet to fully comprehend?*



November 29, 2022

No person is better than another. While the word better can be interpreted in many different ways, it only matters in how you interpret that statement as you examine yourself.

If you find any exceptions to that statement, you are not helping your life or your world. It is a question that has existed in humankind as long as you have inhabited your planet. But you are moving through a restructuring now to correct the imbalance. Far too many people have not understood that concept for far too long, and you exist in the world now to shift the balance.

You will do that by refusing to see yourself as less than anyone else and then deciding to see all others in the same manner. Now we have given you the real intention of our work, and we gave you help in 2012, which you will understand soon.

Reflection Questions:

- 1. Where do you still see yourself as "less than" another person, and how does this perception limit your contribution to the world?*
- 2. Who do you secretly believe is "better than" you, and what would change if you released that belief?*



November 29, 2023

Nothing was in vain. We are speaking of the effort you have put forth to create the life and world you wanted to see. You are still in process, and we are providing more encouragement for you to continue, for when you accept and love yourself, you will witness the results of your efforts.

Reflection Questions:

- 1. What effort have you made that you've been tempted to believe was "in vain"?*
- 2. How might accepting and loving yourself more fully allow you to finally see the results of your efforts?*



November 29, 2024

Now you will understand how nothing you did was in vain. We are referring to the message we gave on this date a year ago, but also much more than that. You are about to begin your new life and world.

While it might have appeared to you that your life and world were in disarray, we assure you it was all for your good, and you will understand that on the new moon of December 1 with our live conversation.

But because many of you have not believed in your own importance or in the guidance you have received, including from our messenger, we caught him off guard today. We asked him to prepare a precursor to the event that includes all the messages we provided on December 1, as we want each of you to recognize your divine plan, that nothing was in vain, and that you have waited for this moment.

Reflection Questions:

- 1. What apparent "disarray" in your life might actually have been preparing you for something greater?*
- 2. In what ways have you not believed in your own importance, and how has this affected your ability to receive guidance?*



November 29, 2025

More of you will believe in yourselves today. That was always our intention, but today you will understand more as you and your world have progressed through a significant portion of your restructuring.

Healing, in all forms, is progressive. You couldn't have known who you could become individually or collectively, unless you had experienced and witnessed the lesser portions of your identities and world.

Reflection Questions:

- 1. What "lesser portions" of your identity have you experienced that were necessary for you to become who you are now?*
- 2. How has your healing been progressive rather than instant, and what does this teach you about trusting the process?*

— Wilhelm