

March 6, 2012

It becomes imperative that you give up blame in all its forms to regain your personal power. Whenever you use blame for anything that occurs in your physical life experience, you also give up all control of your experience. This includes even blaming yourself, for whenever you use the word blame, you are indicating that you believe something has gone "wrong," and you may block the awareness and wisdom the experience was designed to provide for you.

Taking responsibility means that you believe you were at cause and therefore also have the ability to make new choices that bring you different results. Any tendency to use blame diminishes your worth.

Wilhelm

March 23, 2012

Everything that occurs in your physical life experience is about you. This premise holds many different layers to its meaning, and you would do well to attempt to absorb them in order to gain even a modicum of success in mastery of your life.

It is about you, or you would not be having the experience. You can attempt to shift the focus or blame another or a situation or circumstance. Still, the moment you do, you also give away your power and ability to guide and direct your experience.

A helpful first step would be to recognize that all experiences are designed to help you expand in some manner. There are no "bad" things then, and you will be more willing to hold responsibility for your experiences, for they are indeed about you.

Wilhelm

May 15, 2012

You will always experience some sort of difficulty when you attempt to project outward any type of emotional upset in your life, rather than turning inward and seeking to know its source.

This is your life experience, and you are always at the helm guiding and directing it. When you attempt to shift that responsibility or blame what you are currently experiencing to some outside

source as the cause, you also become a hostage, so to speak, of your own experience and consequently diminish your experience of your innate powers and abilities.

When you decide to accept this truth more, you also embrace and take responsibility for all your experiences and regain that power.

Wilhelm

May 24, 2012

Your value and worth as you move through your physical life experience are always being established based on how you decide to think about yourself. There is much information to be garnered from that statement, and you will find each time you read it, more of its gems will be revealed to you. Each word was used purposefully for the impact it would convey on your understanding.

You are never at the mercy of anything outside of you, or even by anything you have experienced in your past. You can attempt to place blame, so to speak, on what you are now because of what has occurred in your history, but here again, you are the one establishing your value and worth now.

Wilhelm

June 29, 2012

Complaining is an unfortunate habit that can have numerous effects on your physical life experience.

It is not possible for you to experience joy while you are complaining.

When you are complaining, you are attempting to undo some past event or situation and relive those events by adding energy to them.

It is not possible for you to recognize your expansion while complaining, and you inadvertently halt that expansion by thinking it is not possible because you are complaining.

When you are complaining, you often attempt to shift blame or responsibility for your life experience to others or something outside yourself.

The instant fix is only to seek gratitude.

Wilhelm

July 10, 2012

If you do indeed create your own reality and guide and direct your physical life experience, then anytime you use blame, you are relinquishing that ability. Blame is typically directed at something outside of you that you believe has caused something to occur in your life. It is your attempt not to accept ultimate responsibility for your experience.

Even blame that you might place on yourself is misguided, for when you do so, you are affirming that something has gone "wrong" with one of your experiences. You will block receiving the available information for you in each and every experience. Seek to know the solution rather than settling for blame.

Wilhelm

August 11, 2012

Every attack is always against yourself. You may find it difficult at first to accept this concept, but when you become willing to do so, you will also begin to experience a peaceful life journey.

Many times, when you attack another, you think it is with good cause when in actuality, it is because of something you do not want to do, examine, or accept. When you apply the Eastern philosophy that negotiation never fails, but you can fail to negotiate, you will find more truth in the entire concept.

All of this will also take you back to your understanding of blame. It is also a way not to take responsibility for your own life experience.

Wilhelm

August 26, 2012

Everything in your physical life experience is about you. It is important for you to remember this fact, for you will begin to interpret all events, circumstances, and people that come into your life in a different way.

This is not to be taken as some sort of selfish journey on your part, but a path to expansion that not only benefits you but all others and mass consciousness. This concept allows you to accept responsibility for your life and eliminate the blame and causation you may place on others.

When you feel not acknowledged by another, it is because you desire to acknowledge yourself. When you feel not loved by another, it is because you desire to love yourself. It is all about you.

Wilhelm

October 11, 2012

You find the greatest pathway to your happiness and expansion in the physical world when you decide to eliminate any form of blame. This is one of the most difficult tasks for you because you have practiced blame for many years and also learned it at a very early age.

Whenever you use blame for anything that occurs in your life experience, you are giving away your own power and attempting to deflect your responsibility for your own life experience.

You will notice all the times when you feel quite justified in blaming another for your life situation. You also block the information and greater awareness the situation was designed to deliver to you whenever you do. Decide to see this process always.

Wilhelm